

Blessed Salt – Powerful Stuff

In these times of increasing evil and diabolic disturbance Blessed Salt is an absolute must for every home.

- Is your home and family at peace or is there division and unrest?
- Are you or a loved one suffering from sickness, depression or addiction?
- Do you have loved ones away from the Faith?

If you answered yes to any of these questions then we strongly urge you to take advantage of the power of this sacramental.

We at newsandfaith.com believe so strongly in the efficacy of sacramentals we are willing to offer them to you at no charge. We will also include with your package of blessed salt, powerful prayers for Priests to bless other Sacramentals. These prayers are taken from old Roman Ritual prayer books.

Please act now. You will glad you did. After you receive your blessed salt we would appreciate any feedback on how effective this sacramental has been for you.

Below is more information on this great spiritual weapon.

A Powerful Sacramental of the Catholic Church

Blessed salt is an instrument of grace to preserve one from the corruption of evil occurring as sin, sickness, demonic influence.

As in the case of all sacramentals, its power comes not from the sign itself, but by means of the Church's official (liturgical, not private) prayer of blessing -- a power the Church derives from Christ Himself. (see Matt. 16:19 and 18:18)

As the Vatican II document on the Liturgy states, both Sacraments and sacramentals sanctify us, not of themselves, but by power flowing from the redemptive act of Jesus, elicited by the Church's intercession to be directed through those external signs and elements. Hence sacramentals like blessed salt, holy water, medals, etc., are not to be used superstitiously as having self-contained power, but as 'focus points' funneling one's faith toward Jesus, just as a flag is used as a focus point of patriotism, or as handkerchiefs were used to focus faith for healing and deliverance (Acts 19:12).

Thus, used non-superstitiously, modest amounts of blessed salt may be

sprinkled in one's bedroom, or across thresholds to prevent burglary, in cars for safety, etc. A few grains of blessed salt in drinking water or used in cooking or as food seasoning often bring astonishing spiritual and physical benefits. As with the use of Sacraments, much depends on the faith and devotion of the person using salt or any sacramental. This faith must be Jesus-centered, as was the faith of the blind man in John 9; he had faith in Jesus, not in the mud and spittle used by Jesus to heal him.

Blessed salt is not a new sacramental, but the Holy Spirit seems to be leading many to a new interest in its remarkable power as an instrument of grace and healing. Any amount of salt may be presented to a priest for his blessing using the following official prayer from the Roman Ritual:

"Almighty God, we ask you to bless this salt, as once you blessed the salt scattered over the water by the prophet Elisha. Wherever this salt (and water) is sprinkled, drive away the power of evil, and protect us always by the presence of your Holy Spirit. Grant this through Christ our Lord. Amen"

Blessed Oil and Salt: What the Catholic Church Says

According to the Catechism of the Catholic Church: "Sacramentals are instituted for the sanctification of certain ministries of the Church, certain states of life, a great variety of circumstances in Christian life, and the use of many things helpful to man. -- They always include a prayer, often accompanied by a specific sign, such as the laying on of hands, the sign of the cross, or the sprinkling of holy water." 1667

"Sacramentals derive from the baptismal priesthood: Every baptized person is called to be a "blessing," and to bless. (1 Pet. 3:9, Lk 6:28, Rom 12:14) Hence lay people may preside at certain blessings. -- Sacramentals do not confer the grace of the Holy Spirit in the way that the sacraments do, but by the Church's prayer, they prepare us to receive grace and dispose us to cooperate with it." 1669-70

"Among sacramentals blessings (of persons, meals, objects, and places) comes first. Every blessing praises God and prays for his gifts. In Christ, Christians are blessed by God the Father with every spiritual blessing. This is why the Church imparts blessings by invoking the name of Jesus, usually while making the holy sign of the cross of Christ." 1671

Basic information

Blessed oil and salt are sacramentals of the Catholic Church for use by lay people as they minister to others through prayer. Lay people bless with oil; priests, and only priests, anoint with oil.

The power in the oil and salt comes from the redemptive acts of Jesus through His Passion, Death, and Resurrection. That power is elicited by prayers of intercession, and is then directed through the external signs of oil and salt. Neither sacramental should be used superstitiously as having

self-contained power, but in combination with prayer. The sacramentals are focus points, funneling one's faith toward Jesus, like a flag is a focus for patriotism.

A priest may use the official prayer from the Roman Ritual to bless oil and salt for lay people.

How to use blessed salt

Blessed salt can be sprinkled in one's home, across thresholds and windowsills, around property lines, in cars, school lockers or work sites. It can be used on food, or while cooking.

As you spread the salt pray for the Lord's blessing and protection. The faith of the person using the salt must be Jesus-centered, like the faith of the blind man in John 9; his faith was in Jesus, not in the mud and spittle Jesus used to heal him.

Blessed salt is not a new sacramental, but there is new interest in it as an instrument of grace and healing.